

Concerned about sexting, media influences and young people's relationships?  
Looking for an innovative and dynamic health education program for years 7-10?

# RELATE

RESPECTFUL RELATIONSHIPS EDUCATION



## RELATE fills the gaps that currently exist in respectful relationships and sexuality education

- Sequential program in three stages.
- Each stage is a one term program (8 session plans).
- Written by teachers and sexual health experts.
- Stage 1 suggested for Years 7/8, Stage 2 for Years 8/9 and Stage 3 for Years 9/10.
- Linked to the *WA HPE Syllabus* and *AITSL* standards.
- Written for WA schools and piloted by WA teachers and Year 8, 9 and 10 students.
- Interactive good practice relationships and sexuality education program based on the latest respectful relationships education research.
- Supports the *Respectful relationships toolkit* which was rolled out early in October 2016 for every school in Australia. <http://www.ourwatch.org.au/What-We-Do/Respectful-relationships-education/Whole-School-Approach-Toolkit>
- Increases students' knowledge and understanding, and skills about assertive communication and respect in all relationships.
- Develops digital media & health literacy skills.
- Educator workshops available.

## Why RELATE?

Statistics from *5th National Survey of Australian Secondary Students and Sexual Health* (2013) indicate that:

- unwanted sex has been experienced by one quarter of sexually active students
- over 58% commented negatively on their sex education at school (yet 43% comment that they rely on the sexual health program for information)
- 44% rely on internet websites for information – *RELATE* offers skills in critical analysis to ensure the information students are relying upon is relevant, reliable and accurate.

## What do teachers and students have to say?

*"The activities were interactive and fun for students, which made learning hands on and relevant. In our ever changing technological world, it is imperative for the education systems to engage students in relationships education. RELATE is an invaluable resource and not to expose students to this type of content would be a disservice."*

Teacher

*"Relationships are not all about sex: they are about trust, respect and consent."* Student

*"Thank you for teaching us about the real world!"* Student



For ordering and pricing please visit:

<http://shq.org.au/relate/>